

# ANNUAL REVIEW<sub>23/24</sub>



building new futures





**WE EXIST TO:**



- ✓ *End* addiction's grip in people's lives
- ✓ *See* lives transformed
- ✓ *Provide* a holistic approach to recovery
- ✓ *Help* deal with the underlying issues that drive addiction

# building new futures

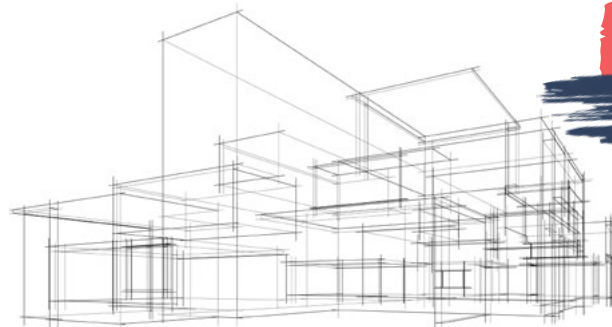
TOGETHER WE CAN DO SO MUCH!

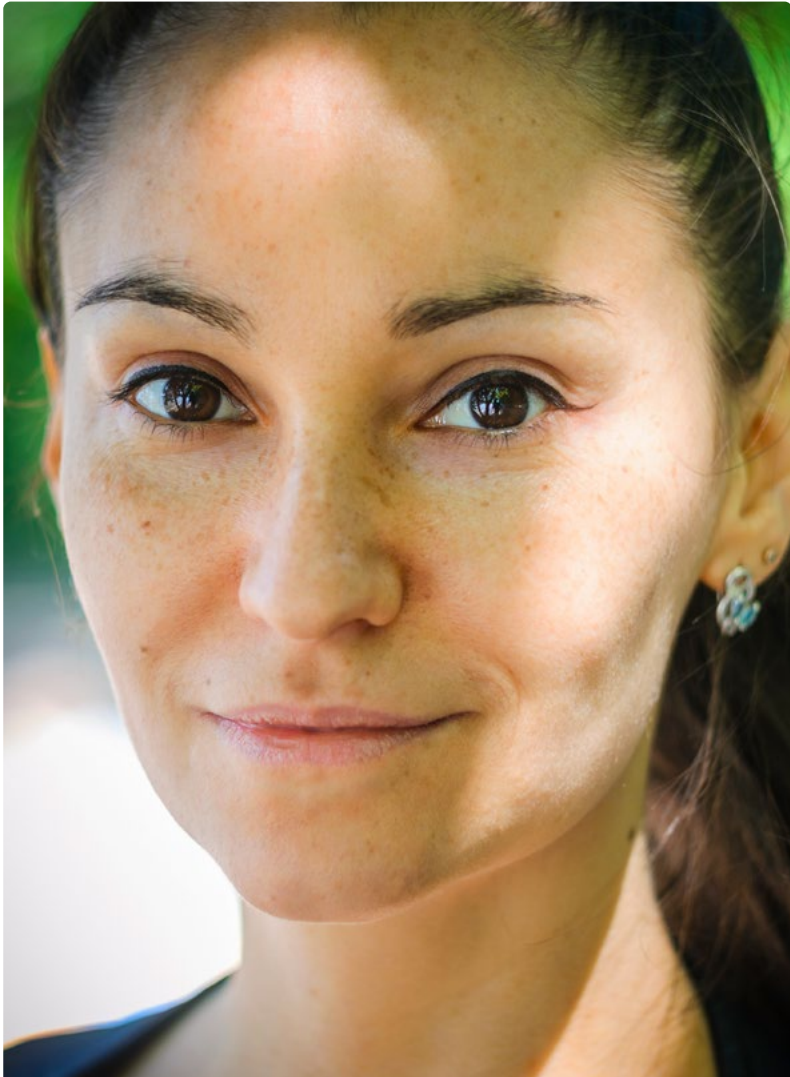
## THIS YEAR WE HAVE BUILT...

- Men and women experiencing recovery, **transformation**, and renewed hope during their journey at New Life Centres' (NLC) residential rehabilitation programs.
- Over 500 guests joined us at the Hope Gala, our signature fundraising event, showing incredible **community support**.
- Rumble for Rehab brought together 1,000 attendees over 2 events, **strengthening** community ties while supporting our mission.
- Families discovering **hope**, receiving encouragement, and accessing vital support through our Family Support Service (FSS).
- Hundreds of young men finding **support** and assistance at New Hope House (NHH) through our crisis accommodation service.
- Our NHH transition house, supporting young men as they transition from our Crisis Accommodation. Offering new **opportunities** for young men.
- The Arrowsmith program, based on neuroplasticity, benefiting NLC students in their journey toward **recovery**.
- Continued growth and development of Social Enterprise initiatives, paving the way for greater **sustainability**.

## Why do we exist?

TO END ADDICTION!





“At Teen Challenge QLD I was loved back to life.”

As I reflect on this past year, my heart is filled with deep gratitude for your unwavering generosity and partnership. Your commitment to our mission has enabled us to continue providing life-changing support to those struggling with addiction. The need for residential drug and alcohol rehabilitation has never been greater. Our community is facing a growing crisis, with addiction tearing families apart and leaving individuals trapped in cycles of despair. Thanks to your support, we are able to offer a safe haven where lives can be transformed, and hope can be restored.

The problem we face is serious and complex. Many individuals we serve come from deeply traumatic backgrounds, and without intervention, they remain at high risk of homelessness, incarceration, or even death. Addiction doesn't just affect the individual—it has devastating ripple effects on families and communities. Our residential programs are a beacon of hope in an otherwise bleak reality, but without adequate resources, many individuals would be left without the chance to break free from the chains of addiction.

In the midst of this crisis, there is also hope. Your support has created opportunities for real and lasting change. Because of you, individuals are reclaiming their lives, breaking free from addiction, and creating new legacies for themselves and their loved ones. We are not just treating addiction; you are helping to build new futures, restore families, and transform entire communities. Thank you for generosity.

God bless,

Joanne Hobbs  
CEO, Teen Challenge QLD



*Teen Challenge is based on a Christian framework and believes that a wholistic approach to recovery is essential.*



**BUILDING  
TO  
LAST**

**Addiction can affect anyone, from any background and all walks of life.**

There's no such thing as a typical substance misuser, which is why Teen Challenge Queensland (TCQ) treats each person who needs our help as an individual.

Thanks to the generosity of donors like you, we can help people rebuild their lives from the ground up, to develop strong foundations and plan for a brighter future.



One Australian  
dies every  
**5 hours**  
from a drug  
overdose\*

# breaking barriers

REBUILDING LIVES AND CREATING  
BRIGHTER FUTURES TOGETHER.

**TCQ works to end addiction through 3 key services:**

- Residential Rehabilitation Programs in our New Life Men's and Women's Centres
- Crisis accommodation for young men at New Hope House
- Family Support Services

We believe that with the right support, guidance, and the power of prayer, addiction can be overcome. This belief is continually reaffirmed by the transformations we witness in the lives of young people every day.



Shane & Bec

"Teen Challenge QLD turned our lives around."

# Lives Impacted and Futures Transformed!



"I found more than shelter, I found a new beginning."

1034

**INQUIRIES**

*includes family, professional, and client calls, including from those in prison*

361

**FAMILY  
SUPPORT  
SERVICE**

346 *In person*  
49 *Community consultations*  
0 *Families engaged in Teen Triple P (parenting support intervention)*

129

**PEOPLE**

*impacted through the residential programs (NLC & NHH)*

For more detailed inquiries contact TCO Corporate Office.



Overdose is the second leading cause of death for Australians aged 30-39 behind suicide\*



**BUILDING  
A HOPEFUL  
FUTURE**



building towards a more hopeful future  
10 YEARS OF HOPE GALA!

**HOPE GALA 2024**

*On Saturday 8th June, Teen Challenge Queensland hosted its 10th annual Hope Gala Fundraising Dinner at Brisbane City Hall, proudly sponsored by Well Life Services and DCC Industry Group.*

In 2024, our fundraising goal was \$350,000, which all goes towards TCO's drug and alcohol residential rehabilitation programs.

This year we hosted over 500 guests, MC'd by Olympic champion Duncan Armstrong and 96Five radio presenter Steff Willis, with LURE Band and Corey Hargreaves entertaining us late into the night.

Hope Gala is the major fundraising event on the Teen Challenge calendar. It's a night of great food, music, dancing and auction fun, with a range of high-end jewelry and prizes up for bid, but it's also a chance for those helped by our programs to publicly share their stories.

Well Life Services & DCC Industry Group  
Proud Platinum Partners of  
Teen Challenge Queensland's





JEWELS FOR GENEROSITY

In partnership with  
Teen Challenge QLD

## JEWELS FOR GENEROSITY

Over the past few years, Jewels for Generosity has become a valued fundraising partner for TCQ. Jewels for Generosity supports charitable giving by offering no risk jewellery packages to not-for-profit organisations for fundraising.

To date, TCQ has raised over \$89,000 from this partnership.



## BUILDING RELATIONSHIPS

creating lifelong change through  
NEW LIFE CENTRES &  
NEW HOPE HOUSE



Our New Life residential rehabilitation centres, located in the peaceful rural surroundings of Toowoomba, QLD, provide a place of hope and transformation for men (18-45 years) and women (18-39 years). With separate facilities for each, these centres offer a supportive environment for individuals seeking recovery from addiction and a fresh start in life.

Unlike many rehabilitation programs, we receive no government funding. It is through the generous donations and ongoing support from people like you that Teen Challenge QLD is able to help young people move from hopelessness to hope. New Life Centres play a pivotal role in this journey, guiding individuals through their rehabilitation with compassion and care.

We are proud to be a market leader with a high success rate for those who complete our program, and we believe that a key factor in this success is the deep relationships we build with each person. Our dedicated team walks alongside them every step of the way, providing the encouragement and support they need to achieve lasting recovery.

A number of volunteers also contribute their time, energy, and resources to Teen Challenge QLD. We extend our heartfelt thanks to these incredible volunteers - we truly couldn't do it without their help!



*We are proud to be a market leader with a **high success rate** for those who complete our program, and we believe that a key factor in this success is the deep **relationships we build** with each person.*





**The Work Integration** partners with multiple businesses that support students in the residential program to work in their businesses. This gives the students confidence and work skills, and often leads to future employment opportunities.





New Hope House is a vital service provided by Teen Challenge QLD, offering essential support and crisis accommodation to young men aged 16-25 who are homeless or at high risk of homelessness. At New Hope House, we focus on helping each man feel supported at every step of their journey.

At New Hope House, we focus on helping young men set realistic goals and develop life skills that pave the way for long-term success. Our comprehensive support includes assistance in finding stable accommodation, employment, and opportunities for further studies. We also emphasise financial management, sleep hygiene, nutritious eating, and other critical life skills.

Through personalised case management, our dedicated team provides unwavering support and guidance, helping each young man to reach and even exceed their goals. By building self-esteem and fostering personal growth, we empower these young men to achieve their goals and create a brighter future.

**NHH** The New Hope House Transition House has offered crucial support to young men moving on from our Crisis Accommodation service through dedicated case management.

We've been able to provide them with stable housing and ongoing assistance as they pursue education or secure employment. Independent living in the Transition House equips them with essential skills, preparing them to build a bright new future.





NHH resident

I was sleeping rough in a local park before I entered New Hope House. I now have food, safety and a comfortable place to sleep while addressing some barriers in my life. The team at NHH are so supportive, with their help I have now been successful in gaining more permanent accommodation. This is the first time in my life that I have my own bedroom and bathroom.



NHH resident

After couch surfing for several weeks and finding myself homeless, I connected with New Hope House through a local youth service. I now feel safe, I have a routine and a place where I'm accepted. I was helped to gain employment and can now purchase my own car.



The mother of one of the NHH residents said that this is the most stable she had seen her son in a long time.



# providing *of* understanding *the* and healing

**THROUGH OUR FAMILY  
SUPPORT SERVICES**

Our Family Support Program offers a compassionate, holistic approach to assist families facing challenges due to substance misuse. We understand that these issues can affect both young people under 18 and their parents, and we are here to provide comprehensive, family-centred support.

Our dedicated team works closely with families to address a range of needs. For parents, we offer strategies to help rebuild relationships with their children and manage difficult behaviours. For young people, we provide guidance and support to navigate their circumstances and foster positive development.

Our goal is to heal and restore families by enhancing parental skills and strengthening the parent-child relationship. Through our program, we strive to create lasting, positive change for both parents and children.



*Thank  
you*

for taking the time to get to know our family and provide practical support.

- Mother of a young person



*I wish*

all adults and teachers were as nice as Jess.

-Young person

“My son said you were so good to talk to and that you chatted about tech stuff, that he really enjoyed. He showed me all the stuff you printed for him and said, “You are literally one of the nicest people in the world”. I asked if he would read the stuff, and he said yes of course. He was so happy and relaxed with me all night, it was such a change. We haven’t talked like this in months.”

- Mother of a young person



## Our Services

- Providing information and opportunity for regular engagement.
- Education and referral to services in your community and support to access those services.
- Addressing the individual needs of each family from a holistic, person-centred approach.
- Assisting families in reconciling, reuniting and connection.



*Jessica, words cannot express how amazing your **help and support** has been at our most vulnerable time.*

- Mother of a young person



**BUILDING  
MEMORIES**

building  
*faith*



**IN  
REVIEW**



10 years of Hope Gala

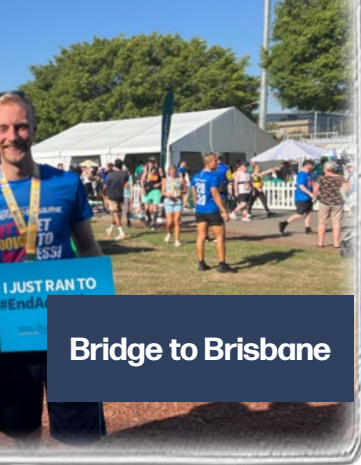
**A YEAR**



**Jo Hobbs  
13 years as CEO**

building  
*community*





Bridge to Brisbane

building  
*hope*



Bunnings donating plants to New Hope House

building  
*families*



New Life Women's Centre

building  
*lives*



Rotary Club of Toowoomba doing building work

building  
*futures*



Brisbane Broncos donating a Broncos jersey for auction.



**BUILDING  
SUSTAINABLY**

# equipping students for the future

**THROUGH SOCIAL ENTERPRISES**

An integral part of our rehabilitation program at Teen Challenge QLD is equipping students with essential life and work skills. Our social enterprise initiatives play a key role in this process, offering practical opportunities for students to gain valuable experience, confidence, and employability. Through these hands-on programs, participants not only develop work readiness but also build a sense of purpose as they contribute to sustainable projects.

By engaging in these initiatives, we are not only empowering individuals on their journey to recovery but also working towards building a sustainable future for our organisation.

Teen  
Challenge  
QLD Social  
Enterprises

**\$41,509**

**TC Care**  
landscape, garden & mowing service

**\$25,000**

**Wagyu Beef**  
ethical cattle breeding



For the past four years, Empowering Lives have been running the Arrowsmith Program at Teen Challenge Queensland's residential rehabilitation centres, making us the only drug and alcohol residential service to provide this innovative cognitive enhancement program. Based on the science of neuroplasticity, the Arrowsmith Program is designed to strengthen and improve cognitive functions through targeted exercises.

Within our centres, students engage in one specific Arrowsmith exercise, Symbol Relations (also known as Clocks). Symbol Relations is a higher-order cognitive function that is responsible for understanding and connecting ideas. It is involved in tasks that enable an individual to reason using logic and to connect and process complex relationships and concepts simultaneously. It plays a vital role in logical reasoning, processing relationships, and comprehending concepts across both academic subjects and everyday life.

By offering the Arrowsmith Program, we provide our students with an additional pathway to enhance their life skills, build confidence, and equip themselves for future success. This ground-breaking initiative supports their journey to recovery and better prepares them for life and the workplace.



Together, we're not just *breaking free* from the chains of addiction but *crafting a future* that's alive with possibilities.

*Emma*

*"The things that have very noticeably improved are my memory, my ability to focus for a greater length of time and my problem solving ability. I am very grateful to have been in the program."*

*Katelyn*

*"I'm able to read books faster, retain information and understand what I am reading. I am currently more present while reading and genuinely enjoy it."*



**\$10,368**

**Containers for Change**  
recycling initiative



**33**

**Empowering Lives Program**  
neuroplasticity program participants



# how your donations IMPACT LIVES

Success is measured not just by the milestones reached, but by the courage to confront inner struggles, the strength to rebuild, and the hope that drives individuals forward. True change happens through perseverance, determination, and trust in God to heal and restore lives.

The transformation we witness, of lives renewed would not be possible without the unwavering support of our donors and the community. Your generosity is helping to achieve lasting recovery and build brighter futures.



*I donate to TCQ because I want to be a part of giving an individual another chance, and showing that it is possible to overcome problems, no matter how small or large.*

Jonathan Law  
**Law**  
**Lawyers**  
& Associates



Teen Challenge QLD is a market leader with a high success rate for those who complete the program.

## YOUR IMPACT

**\$25** contributes to **physical fitness sessions**

**\$100** provides a student with a **Welcome Pack and study materials**

**\$50** helps cover the **running costs of vehicles**

**\$500** contributes to **leadership development: mentoring, life skills, work experience and further education**

**\$300** contributes to **monthly social outings for students**

**\$1200** covers **food expenses** for **men's & women's** rehab centres [1 week]

**\$2500** contributes to supporting 5 students in the **Induction Phase** of the rehab program [2 weeks]

**\$3000** supports 1 student in the **Intern Program** including a **Certificate IV & Mentoring** [12 months]

contributes to supporting 1 student in the **Recover Phase (entry)** **Rebuild Phase (equip)** or **Restore Phase (transition)** of the Rehabilitation program

**\$5000**



# transforming young lives through FUNDRAISING

Third-party fundraising efforts play a crucial role in supporting TCO's mission, and one of the standout events this year was Rumble for Rehab, organised through our partnership with the Apocalypse Fight Club (AFC).

The event saw registered fighters participating to raise essential funds for young people battling addiction in our New Life residential rehabs.

Thanks to this relationship, the New Life Centre in Toowoomba opened its doors for two Rumble for Rehab events, bringing together clubs from across Queensland for a family-friendly community day featuring Boxing, Muay Thai, and Grappling disciplines.

These two events raised \$23,656 and introduced over 1,000 attendees to the life-changing work of TCO. We are especially grateful to our Platinum Sponsor, Well Life Services, for their generous support in making this event a success.

*We are thankful for the many community and business organisations that support TCO through third-party initiatives, including Paul and Donna Hart, owners of Apocalypse Fight Club.*





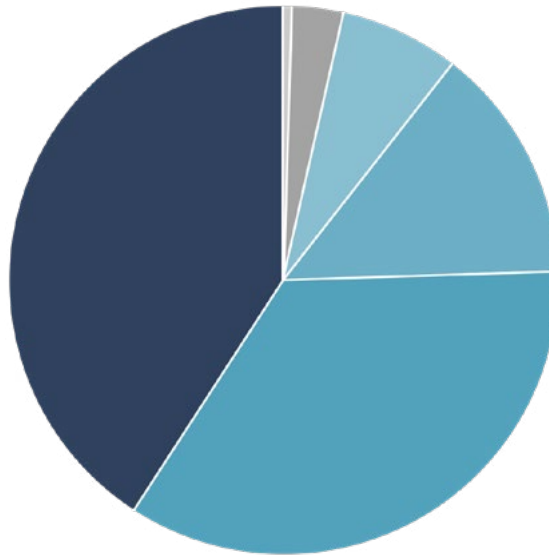
## THE BUILDING CONTINUES

Thank you to everyone whose generous donations have made this year possible. Your support continues to help end addiction, restore lives, and bring hope to so many in need.

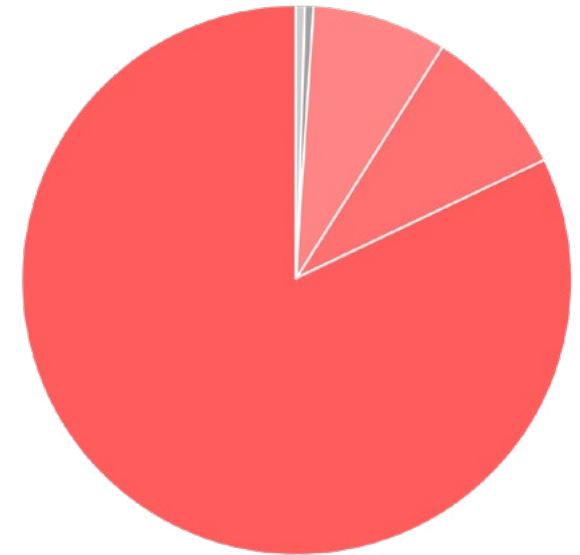
Our financial results for the year are set out in our Annual Financial Report. To access a copy, please email [accounts@teenchallenge.org.au](mailto:accounts@teenchallenge.org.au)

**The income and expenditure are summarised as follows:**

Together **we have** achieved **SO MUCH!**



**Income: \$2,987,948**



**Expenditure: \$2,918,669**

- 41% Bequests, Donations & Sponsorships
- 35% Grants & Government Funding
- 14% Operational Income
- 7% Fundraising Projects/Events
- 3% Sustainability Projects
- 0% Other Income

- 83% Operational Costs
- 9% Governance & Administration
- 8% Fundraising/Events Costs
- 0% Sustainability Projects Costs
- 0% Sundry Expenses



**Executive Directors (L-R)**

Duncan Armstrong, Chantel Tse, Laz Herrera, Joanne Hobbs (CEO)  
Grahame Thompson (Chairman), Miranda Reid, Matthew Williams

*(Absent from photo: Jessica Oostenbroek, Damien Torti)*

We are filled with hope  
and determination to  
continue building a  
**brighter tomorrow.**

building a future for people  
TOGETHER

As we look to the future, we are filled with hope and determination to continue building a brighter tomorrow. Our unwavering commitment to transforming lives is fueled by our deep gratitude to God, whose constant guidance and provision have been the cornerstone of our mission. We are also profoundly thankful for our generous supporters, dedicated staff, and tireless volunteers, whose contributions enable us to bring healing and hope to those in need. Without their faithfulness, none of this would be possible.

Our passion for expanding our reach grows stronger each day. We are driven by the belief that everyone deserves a second chance at life, free from the grip of addiction. As we work towards increasing our impact, our vision is to help even more men and women on their journey to recovery. We aim to provide them not only with the tools and resources they need to break the cycle of addiction but also with the hope and encouragement to build a better future for themselves and their families. We want to play a key role in ending addiction and its devastating effects on individuals and communities.

Looking ahead, we are excited about future opportunities. Our goal is to strengthen our programs and deepen our engagement with the community, offering more pathways to recovery. With God's guidance and the continued support of our generous donors, we believe this vision is not only possible but within reach. We are also incredibly grateful to our Board of Directors, whose faithful leadership and governance ensure that we stay true to our mission. Together, we are not just helping individuals recover; we are building lives filled with purpose, hope, and a brighter future for generations to come.

God Bless,

Joanne Hobbs  
CEO

# Building Brighter Futures Together: Partnering with the Community to see Transformed Lives.

 Sponsor an event

 Become a monthly partner

 Volunteer

 Leave a legacy through a bequest

 Organise a fundraiser

# Together

we are not just helping individuals recover; we are building lives filled with purpose, hope, and a brighter future for generations to come.





Get in touch  
PO Box 2097, Brookside Centre, QLD, 4053  
P 07 3422 1500 E [tcqld@teenchallenge.org.au](mailto:tcqld@teenchallenge.org.au)  
[www.teenchallengeqld.org.au](http://www.teenchallengeqld.org.au)

- \*References:
- Did you know? One Australian dies every five hours from a drug overdose^  
<https://www.penington.org.au/overdose/overdose-projects-campaigns/australias-annual-overdose-report/>
  - The social cost of alcohol use in Australia is \$66.8 billion\*\*  
<https://www.aihw.gov.au/reports/alcohol/alcohol-tobacco-other-drugs-australia/contents/impacts/economic-impacts>
  - Overdose is the second-leading cause of death for Australians aged 30-39^ behind suicide. Australian Institute of Health and Welfare